

INTRAS Foundation

Workshop

Driving Innovation in Psychosocial Care: Addressing Cognitive Impairment in the Ageing Process

Project LONG LASTING MEMORIES

www.longlastingmemories.eu

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Scientific partner:



With the support of:





1. Date and place:

Dates: 13th December 2011

Place: TBD

Address: TBD

2. Addressees:

Professionals of public and private entities in health, social, business and research fields.

Also teachers, students or general public interested in the topic.

3. Participant Organizations:

- European Commission
- Aristotelio Panepistimio Thessalonikis (Greece)
- University Konstanz (Germany)
- Athena Research and Innovation Center in Information, Communication and Knowledge Technologies (Greece)
- TERO, Ltd. (Greece)
- CEIT RALTEC, Ltd. (Austria)
- e-SENIORS (France)
- INTRAS Foundation (Spain)
- IDI EIKON,S.L (Spain)
- Global Security Intelligence, Ltd. (United Kingdom)
- Municipality of Schwechat (Austria)
- University of Cyprus (Cyprus)
- National and Kapodistrian University of Athens (Greece)
- University of Ulm (Germany)
- Junta de Castilla y León- Regional Government (Spain)
- Asociación Castellano-Leonesa de Neuropsicología (Spain)
- TeCopy Group (Spain)
- CEDETEL- Technological park (Spain)
- T-Systems, S.A (Spain)
- CSIC (Spain)
- SAR Group (Spain)
- CIDAUT (Spain)
- CETIEX – Technological park(Spain)
- CARTIFF- Technological park (Spain)
- University of Valladolid (Spain)
- University of Salamanca (Spain)

- Provincial Hospital of Zamora (Spain)
- SAI Wireless (Spain)
- I2BC (Spain)

4. Programme¹:

13th December: *Long Lasting Memories project Workshop* “Driving Innovation in Psychosocial Care: Addressing Cognitive Impairment in the Ageing Process”

Background to the Workshop: The ageing population of Europe poses difficult challenges: the increased average life expectancy implies, besides demographic and societal changes, also age-related and chronic illnesses and disability conditions. Among them, cognitive impairment is one of the most common. With the growing number of dependent and elderly people the demand for health and social services is increasing. To maintain the quality and sustainability of these services, it is necessary to leave the traditional paradigms behind and explore more efficient and cost-effective possibilities. These are provided by utilization of new technology innovations (e.g. ICTs) in social and health care and can contribute not only to counteract daily living difficulties, but also to foster continuing education and meaningful activities of elderly people and thus prolonging the time they can live independently in their homes.

One of the unique examples of using innovative technology in the field of health and social care is the **Long Lasting Memories Project** (LLM)², representing an e-Health and Ambient Assisted Living Environment technological solution. The LLM platform integrates a set of services providing elderly people with cognitive and physical training in a safe and controlled environment and thus fostering their active and healthy ageing.



Objectives of the Workshop:

¹ Definitive programme will be available 15 days before the event.

2 The Long Lasting Memories Project consortium consists of 13 entities of 6 European countries: Aristotelio Panepistimio Thessalonikis; Athena Research and Innovation Center in Information, Communication and Knowledge Technologies; TERO, Ltd.; National and Kapodistrian University of Athens [Greece], University Konstanz; University of Ulm [Germany], CEIT RALTEC, Ltd.; Municipality of Schwechat [Austria]; Global Security Intelligence, Ltd. [United Kingdom]; e-SENIORS [France]. University of Cyprus [Cyprus]; IDI EIKON,S.L.; INTRAS Foundation [Spain]. The LLM Project is funded by the **CIP Programme of the EC - Information Society and Media**.

- To address the issues connected with cognitive impairment in the ageing process.
- To make known current projects using innovation and technology to improve health and overall quality of life of the elderly.
- To disseminate information on the progress of the Long Lasting Memories Project and on the main results achieved.
- To provide space for discussion of different views and experience sharing, in order to develop synergies and extend the impact of the activities in the field of innovation, technology and research addressing cognitive impairment in ageing population.

Workshop Programme (Draft)

1. Presentations (Draft)

9.00 - 9.15 Venue

9:15 - 10.00 Opening Ceremony

10.00 - 11.00 Lectures:

An overview of the European Programmes of R&D & Innovation in the field of ageing

11.00 - 11.30 Coffee Break

11.30 - 12.30 Lectures:

Psychosocial Interventions to improve and prevent cognitive deterioration in the ageing process

12.30 - 13.30 Lectures:

Physical and cognitive training and rehabilitation through ICT Solutions

13.30 - 15.00 Lunch

15.00 - 17.00 **Workshop I: e- HEALTH, Tele- CARE and Tele-monitoring solutions for elderly people**

Workshop II: Active ageing and active citizenship

Workshop III: Assistive technologies and ageing

17.00 - 17.30 Closing Ceremony

2. Showcase of technologies and Projects Exhibition (Parallel sessions)

10.00 - 17.00 Exhibition of projects and technologies

10.00 -17.00 Long Lasting Memories Project Corner

3. Other Activities (Parallel sessions)

12.30 - 13.00 Setting up of a Network

13.30 - 15.00 Brokerage event

TBD III Annual Meeting of the Castilla&León Neuropsychology Association

How to get to Salamanca from Madrid airport

Mean of transport: AVANZA bus (www.avanzabus.com)

Price: 21,23 EUR

Timetable:

From Madrid (Barajas airport) to Salamanca

13:00 (15:45 arrival at Salamanca); 15:00 (17:45); 17:00 (19:45); 19:00 (21:45); 21:00 (23:45)

From Salamanca to Madrid (Barajas airport)

7:00 (9:45 arrival at Madrid - Barajas); 9:00 (11:45); 11:00 (14:01); 14:00 (16:45); 16:00 (18:45)

Sundays: 8:00 (10:45); 10:00 (12:45); 14:00 (16:45); 16:00 (18:45)

Tickets: available at internet, the ticket office, travel agencies and the El Corte Inglés travel agency in the first floor of the T1. The departures and arrivals at Barajas Airport are made from the bus park of the T-1.

Location of the bus stop in direction to Salamanca: Terminal 1 (T-1) Barajas Airport, in the parking that is found across the vestibule of arrivals, between room 2 (Sala 2) and room 1 (Sala 1).

To arrive to the T-1 from another Terminal, internal service buses are available. The stops are the following:

T4 exits – T1 (passing with card of shipment)	T4 arrivals – T1 (passing without card of shipment)
<ul style="list-style-type: none"> • T4 • T2 – room 6 luggage collection point • T2 – room 5 luggage collection point • T1 – room 2 luggage collection point • T1 – room 1 luggage collection point 	<ul style="list-style-type: none"> • T4 • T3 - arrivals ground floor • T2 – arrivals 2nd floor • T1 – arrivals 2nd floor

The schedule of these services is: from 6:30 to 23:30 – every 5 minutes; from 23:30 to 1:50 – every 20 minutes; from 1:50 to 6:30 – every 40 minutes.



Sightseeing in Salamanca - 3 tips what not to miss:



1. Plaza Mayor

Built between 1729 and 1755, Salamanca's exceptional grand square is widely considered the Spain's most beautiful central plaza, even more stunning than Madrid's. The square is particularly memorable at night when it is illuminated (until midnight) to magical effect.

2. Universidad Civil

The visual feast of the entrance facade to Salamanca's University is a tapestry in sandstone, bursting with images of mythical heroes, religious scenes and coats of arms. It is dominated in the center by busts of Fernando and Isabel.

3. New and Old Cathedral (Catedral Nueva, Catedral Vieja)

The tower of the late Gothic Catedral Nueva lords over the center of Salamanca, its compelling *churigueresco* (ornate style of baroque) dome visible from almost every angle. The Catedral Nueva's largely Romanesque predecessor, the Catedral Vieja is adorned with an exquisite 15th-century altarpiece, with 53 panels depicting scenes from the lives of Christ and Mary, topped by a representation of the Final Judgment – it is one of the most beautiful Renaissance altarpieces outside Italy.

City map:

<http://www.salamanca.es/planociudad/plano.htm?sid=en-GB&id=2>

More useful information for tourists in Salamanca:

<http://www.salamanca.es/inicio.aspx>

4. Contact:

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